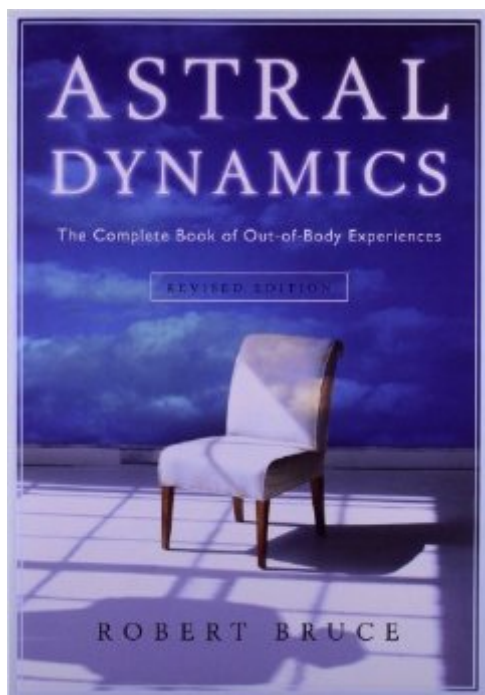


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Astral Dynamics: The Complete Book Of Out-of-Body Experiences



Synopsis

Astral projection is a technique that lets your soul explore the universe while leaving your body behind. It's been a topic of endless speculation. If you've ever wanted to try it, *Astral Dynamics* is the perfect guide for you. *Astral Dynamics* will teach you everything you need to know to accomplish successful out-of-body travel. It explores the physics of the nonphysical world and provides useful advice for astral travelers, including how to exit the body, how to get around on the astral plane, and how to get back to your body with solid memories of the event. The guide is written in plain language with commonsense terminology. Robert Bruce brings his twenty-five years of interdimensional experience to the aid of astral travelers around the world.

Book Information

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Customer Reviews

I had purchased the earlier version of *Astral Dynamics* from Robert Bruce and considered it to be the best guide on achieving the out-of-body (OBE) projection state ever written. That being said, the new, revised addition is even BETTER. The format of the book is gentler on the eyes, with a larger copy and less words crammed onto each page, making the information a little easier to take in IMHO. The material and images have all been updated, and made easier to grasp. Robert Bruce has pulled out all the stops here, intricately explaining from top to bottom how the nature of reality is much broader than most realize, and how we are truly multi-dimensional beings, capable of complete awareness and survival beyond the confines of our "physical" vehicles, and how we are able to separate consciousness and awareness beyond the confines of the matter-based world and universe into other realms of reality. He breaks down fantastically how these processes work and

how to manipulate them for maximum effect and REMEMBRANCE of the experience, which is often times the difference between success and failure of the OBE process...

Robert Bruce was the first author that gave me a very precise and in-depth explanation behind the out of body experience more than 15 years ago. I remember combing through his treatise on astral projection during the early days of the internet, and his kind, patient correspondence with a newbie projector from the other side of the world. He's very well experienced, and translates that experience into a rewarding volume of information on techniques, considerations and a well-informed view on extraphysical reality. There are some areas in which I differ from him in my own experience, but ultimately that's life, non?! Astral Dynamics is a great book on the subject and I look forward to the publication of it's Kindle version. It was also through Robert Bruce that I became involved with the International Academy of Consciousness, or the International Institute of Projectiology and Conscientiology, as it was known at the time. To date, I have yet to find such an exhaustive, refined and clinical approach to the out of body experience, extraphysical reality, and the nature of consciousness. If you're looking for the leading-edge in consciousness research, the next step from Astral Dynamics is the wide range of classes and books offered by the International Academy of Consciousness (a 501(c)(3) non-profit organization with offices all over the world). [...][Check out Waldo Vieira's Projections of the Consciousness](#), Sandi Gustus'

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